



WHEN KEEPING IT COLD COUNTS

Estimated Day of Delivery (For LTL Shipments) PACIFIC NORTHWEST

Below is the estimated delivery day on which we provide service to the following states. Please understand that this schedule is based on weekly averages and special requests can often be accommodated if enough lead time is given.

From: Oregon & Washington

Pick-Up Days: Thursday & Friday, for delivery of the following week

<u>State</u>	<u>E.D.A.</u>	<u>State</u>	<u>E.D.A.</u>
Alabama	Wednesday / Thursday	North Carolina	Thursday / Friday
Arizona	Tuesday / Wednesday	North Dakota	Monday / Tuesday
Arkansas	Tuesday / Wednesday	Ohio	Wednesday / Thursday
California	Monday / Tuesday	Oklahoma	Tuesday / Wednesday
Colorado	Monday / Tuesday	Oregon	<i>No Regular Service</i>
Connecticut	Thursday / Friday	Pennsylvania	Thursday / Friday
Delaware	Thursday / Friday	Rhode Island	Thursday / Friday
Florida	Thursday / Friday	South Carolina	Thursday / Friday
Georgia	Thursday / Friday	South Dakota	Monday / Tuesday (Limited)
Idaho	<i>No Regular Service</i>	Tennessee	Wednesday / Thursday
Illinois	Tuesday / Wednesday	Texas	Wednesday / Thursday / Friday
Indiana	Wednesday / Thursday	Utah	Mon/Tues
Iowa	Tuesday / Wednesday	Vermont	Thursday / Friday (Limited)
Kansas	Tuesday / Wednesday	Virginia	Thursday / Friday
Kentucky	Wednesday / Thursday	Washington	Daily (Limited)
Louisiana	Wednesday / Thursday	West Virginia	<i>No Regular Service</i>
Maine	Thursday / Friday (Limited)	Wisconsin	Tuesday / Wednesday
Maryland	Thursday / Friday	Wyoming	Monday (Limited)
Massachusetts	Thursday / Friday		
Michigan	Wednesday / Thursday (Limited)		
Minnesota	Tuesday / Wednesday		
Mississippi	Wednesday / Thursday		
Missouri	Tuesday / Wednesday		
Montana	<i>No Regular Service</i>		
Nebraska	Tuesday / Wednesday		
Nevada	<i>No Regular Service</i>		
New Hampshire	Thursday / Friday (Limited)		
New Jersey	Thursday / Friday		
New Mexico	Tuesday / Wednesday		
New York	Wednesday / Thursday / Friday		